GOOD NEWS FOR HOMEMAKERS

by Shirley W. Walton Extension Agent

Summertime Protection Important For Foods, Too!

Summertime! The whole world comes alive and heads outdoors. Babies wear sun hats; blondes and redheads rub lotions into their skin for summertime protection; and dark glasses make the scene, shielding tender eyes from too much sun.

But, what are you doing to protect your food this summer? It needs extra attention, too!

Follow these simple tips, and you won't have to worry about uninvited guests -- such as bacteria -- ruining your summer fun. Spiled food can be as much of a drag as a sunburn!

Keep foods hot or cold - but not in between. That means keep them at temperatures lower than 40°F. or higher than 140°F. At home, perishables such as meat, poultry, or potato salad are stored in the refrigerator. On a picnic, store these foods in a cooler filled with plenty of ice. Leave foods in the cooler until you're ready to cook or serve them. Also, find a shady spot for that cooler so the ice inside will last longer!

At home or away, start your food preparation with clean hands, clean utensils, and a clean work area. Admittedly, washing your hands and utensils outdoors can be a problem. So, you might use something disposable -- such as wax paper -- to protect your hands when you pick up hamburger patties to put them on the grill.

Take along extra forks and spoons for serving, so you won't have to reuse the ones you cooked with. Also, use a clean plate for those meat patties when they come off the grill, instead of the plate that held them before they were cooked.

Once you're through eating, put leftovers back in the cooler, or throw them away. Don't let leftovers sit out in the sun for several hours, and then decide to pack them for later use. Be certain the cooler still contains enough ice to keep the foods properly chilled until you can put hem in the refrigerator.

If you're interested in summertime fun, remember to ensure summertime protection of your foods.

RECIPE OF THE WEEK
Easy Charcoal Broiled Chicken

3 chickens, about 2 lbs. each, quartered
Salt & Pepper
1 bottle (8 ounces) Russian dressing or Italian dressing or French dressing
⅓ cup vegetable oil
Season chicken quarters with salt and pepper. Place chicken in a large bowl; pour desired salad dressing and oil over chicken. Turn pieces in dressing mixture until all pieces are well coated. Chill for at least 2 hours. Drain pieces, reserving dressing mixture, and place on grid 8 inches above low coals. Grill, brushing occasionaly with dressing mixture, for 40 to 45 minutes or until chicken is browned and tender. Turn chicken every 10 minutes to permit even browning. Bursh with dressing mixture and place on serving platter.

Rocks

June 24 - Big drop in the temperature here Sunday night.

A number attended the Viola Wayne funeral at Shorter's Funeral Home Tuesday morning.

Mrs. Essie Marie Almond Reed of Evergreen cut her foot in a lawn mower on Wednesday.

Robin Miller returned home Thursday from the hospital after an operation.

Mary Hives Black returned home Thursday after surgery.

Mrs. Kermit Paulette had surgery Tuesday afternoon. A speedy recovery is wished these.

The Charles Baldwin children had the mumps and chicken pox last week.

A few of the gardeners around here reported ripe tomatoes last week.

The Rocks Home Extension Club will meet with Mrs. Mary Edith Morris on July 11 at 7:30 p.m. **[Note change of time.]**

A good Bible School was held last week. We want to congratulate all the children on how well they did also the teachers and helpers for their part in the V.B.S. at Rocks at the family night service Saturday night.

Grace Ranson was among the number receiving her F.H.A. Degree recently.

Barbara Watson and Luann Crain left Sunday afternoon for camp at Marion this week.

Ten were baptized at Old Rocks Sunday afternoon for the Rocks Field of Churches. This will be the last time the field will be together.

The Rocks Quartet went to Oakview Presbyterian Church near Cullen Saturday night to sing.

Everyone was glad to see Mrs. Boyd Ranson at Sunday School Sunday after being in the hospital.

Barry Elder celebrated his 21st birthday Sunday.

Mr. and Mrs. Wilson Almond spent the week end with their son, Kyle and his wife at Monterey.

Mrs. Flora Dickerson was sick with a cold last week. She went to see a doctor at Appomattox Saturday morning.

Rev. W. H. Elder was visiting a number of his members at a hospital in Lynchburg last week.

Mr. and Mrs. S. E. Ranson spent Sunday in Roanoke with relatives.

Joanne Elder is baby sitting at Appomattox since she returned home from college.

A number attended the funeral of Mrs. Johnny Coles at Appomattox, Wednesday afternoon.

Sympathy extended the family.

Ladies are busy freezing and canning string beans.

Evergreen

Mrs. Bernice Martin of Lynchburg was luncheon guest of Mrs. Mott Harvey last Tuesday.

Mr. and Mrs. L. E. Twitty from Seabrook, Md. visited in the home of Mr. and Mrs. A. B. Cocke and Dorothy.

Mr. and Mrs. Joe Dilworth, Danny and Melisa spent the week with Mr. and Mrs. Edsel Smith ,Anette and Mrs. Warriner.

Mr. Harry T. Ferguson of Vera visited his sister, Mrs. C. J. Paulette, last week.

Mr. and Mrs. B. C. Taylor and Jennifer from Ronceverte, W. Va. visited Mrs. Mott Harvey and Mrs. E. L. Harvey last week.

Mrs. Otis Davis from Farmville was luncheon guest, Sunday of Mr. and Mrs. J. K. Hamilton. Mrs. Vance Harvey visited in the same home.

Mr. and Mrs. J. K. Hamilton are the proud grand parents of a baby girl, born to Mr. and Mrs. Donald K. Hamilton of Newport News, Virginia on June 18.

Rev. W. F. Davidson

Named Rural Pastor of the Year

The Rev. William Freddie Davidson, pastor of the Huddleston United Methodist Charge was named Rural Pastor of the Year by the Rural Fellowship members at a breakfast in Hampton, Va. His credentials were presented before the Conference to a Committee which evaluated each one recommended. There are eighteen Districts of which Lynchburg is one. The Rev. Jacob Mast, District Supt., recommended Davidson from the Lynchburg District.

The Rev. Davidson has served five years on the Huddleston Charge giving all of his energies to the service of God in the four churches. He gives much of the credit of the honor as Rural Pastor to his wife, Lucille, and family, and to the people he has served at Huddleston and previous appointments totalling 16½ yrs.

Davidson is on the Council of Ministries for the Virginia Annual Conference and Council of Ministries for the Lynchburg District which forms the staff of the District Superintendent. His specific duties are Director of Family Ministries for the District. He is the news reporter for the Lynchburg District for Rev. Jacob Mast. He is also a member of the Huddleston Ruritan Club as news reporter, Human Relations, Youth Committee, and Committee on Patriotism.

The Rev. Mast said of Davidson, "I know of none who does a more complete job of doing his work, promoting his work and the work of the District than Davidson." The four churches in Huddleston are now air-conditioned and modern. The total goal of the Charge this year is getting people into the churches and winning souls to Christ.

Jordan News

On the 30th of June at 7 o'clock p. m. the Harps of Zion will celebrate their 3rd anniversery. Appearing on this program will be the Golden Voices of Dillwyn, Va., the Community Singers of Halifax, The Gospel Chorus of Buckingham, the Holiness Singers of Pamplin and many others. The public is invited to attend.

On the 1st Sunday in July at 7:30 p.m. the Spiritual Knights of Madison Heights, Va. will be in concert at the Jordan Baptist Church for the benefit of the Junior Choir. Everyone is invited to attend.

Remember - Sunday School every Sunday morning at 10:00.

If you drive past the exit you wanted, don't try backing up. Proceed to the next exit and circle around. The few extra minutes spent could well save a life.

Richmond spent several days last week with her mother, Mrs. H. B. Cralle.

Mrs. Louise Paulette, Mrs. W. C. Garrette and Mr. and Mrs. Melvin Grishaw visited Mrs. Grishaw's mother, Mr. Karl Inge in Roanoke Sunday.

Mr. and Mrs. Carl Johnson and Mr. and Mrs. Wilber Johnson from Richmond were luncheon guest of Mr. and Mrs. H. M. Stanley Sunday.

Mrs. H. K. Deadmon and grandchildren and Mrs. Bobby Knight and children, of Petersburg, was visiting Mrs. E. L. Harvey Sunday.

Mr. and Mrs. Ray White, Angela and Mrs. Carrie Simmons visited his mother, Mrs. Mabel White at Rustburg on Sunday.

Evergreen Cemetery Organization announces that the fee for care of the lots at the cemetery has been raised to $2.50 per year.

Miss Kidd Was FHA Delegate To Convention

Miss Mattie Arnelle Kidd, the daughter of Mr. and Mrs. Percy Kidd, was delegate to the 1974 Virginia Association of Future Homemakers of America convention in Richmond, Virginia at the John Marshall Hotel June 18-19, 1974.

Miss Kidd was representative for the Appomattox County High School HERO-FHA Chapter. HERO- Home Economics Related Occupations is to help occupational home economics students become oriented to the world of work through organized group and individual activities in the Occupational Home Economics Education programs and in Future Homemakers of America.

Starting this year, Appomattox County will be offering occupational home economics with emphasis on foods and clothing. The advisor, Mrs. Cassandra W.Turner, is looking forward to working with the students, community and school to make 1974-75 a successful "occupational year."

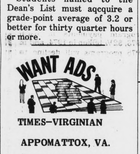
CVCC Names Honor Students

The Central Virginia Community College has released the names of students who achieved the Honor Roll and Dean's List during the Spring Quarter of 1974.

The following area students made the Honor Roll: Edward J. Cutshall of Concord, Richard F. Hamilton of Evergreen, Pamela J. Hudson and Robert G. Netherland of Appomattox.

Students on the Honor Roll must acquire a grade-point average of 3.5 or better for thirty quarter hours or more.

Area students named to the Dean's List must acquire a grade-point average of 3.2 or better for thirty quarter hours or more.



TIMES–VIRGINIAN

APPOMATTOX, VA.

AIS FFA Members Selected To Play In FFA Band

FFA members from all sections of Virginia were in attendance at the forty-eighth Annual Convention of the State Association which got underway June 17th at Blacksburg.

A State FFA band and a State FFA chorus selected from chapter members from throughout the State provided special entertainment at each convention session. Joseph Ford and Tommy Moore of the Appomattox Intermediate School were selected to play in the band that was trained by Mr. Joe Gallenhon, Band Director of Giles High School.

A well-adjusted man is one who can enjoy the scenery even with the kids in the back seat.

Gallier Elected To State Office

Michael Gallier was elected to the office of State President of the FFA at the annual State Convention Blacksburg last week. Mike, left, is being congratulated Alpha Trivette who is the Past President of the Association. Fred McClure, National Secretary of the FFA waits to offer his congratulations to Mike.

Mike is the son of Mr. and Mrs. Sterling Gallier of Appomattox. He is a June graduate of Appomattox High School and will attend Madison College this fall. The congratulations go to Mike on this fine achievement.

Flat Top Guitars

Gibson Martin Epiphone Yamaha Hamm STRINGS ACCESSO

Gaines' Jeweler

Main Street Appomatto

IN COURTHOUSE MAGISTERIAL DISTRICT, AMHERST COUNTY, VA·

REAL ESTATE - - PERSONAL PROPERTY · ½ ACRE LAND

AUCTION

Saturday, June 29, 1974 - - 11:00 A. m.

OWNERS, MR. AND MRS. F. L. WORLEY, RIVERVILLE, VA. ON ROUTE 622 - ONLY 3 MILES FROM NEW VA. FIBER PLANT

Real Estate sells first – Personal Property to Follow.
Directions to sale: From Lynchburg, take Wright Shop Road, Route 622 - Approximately 2 to sale, Watch for Auction Arrows· From Amherst Circle take Route 60 East for Approx miles then take Rt. 600 approximately 5 miles then about 2 miles on Rt. 622 to sale.

Reason for selling - Mr. and Mrs. Worley have purchased a 12 Ac. Duplex Home. They hoping their daughter, who has lost her husband will come and live with them.

The 3 bedroom Brick Residence consists of 3 Bedrooms, Large Kitchen, with knotty cabinets, Large Living Room, approximately 14 x 14, large complete bath, 9 x 10, the home approximately 28 x 45 ft. situated on approximately ½ acre of land. Has oil duct heat.

The cleanest and neatest home we have had the pleasure of selling this year. This is one better homes in the area - so make plans now on your loan arrangements at the bank Gladstone, Allen's Creek and Riverville, Va. Only 3 miles from New Va. Fiber Plant. Sold and Mail by door.

In good community with good neighbors! If you are seeking a new brick home in the don't miss this sale.

There will be a bake sale and lunch will be served by the Rainbow Church, Lynchburg, Va spend the day with us. Plenty shade trees·

There will be a door prize to be given away plus a gift for everyone attending the sale.

Also selling: 1969 Caprice Chevrolet 4 door· Air Condition ·Automatic Transmission, 1964 Door . 1966 Chevrolet Impala, Refrigerator, Antiques, China Press, Antique Oil Lamps Lanterns, Old Sewing Machine, School Desks, Antique Chair , 7 HP Wheel Horse Riding Mo Roto-Spader-Tiller, Antique Bottles, Boxes and Boxes of items, Push Mower, Antique S 2-platform Rockers, Warm Morninz Heater, Buckeye Cold Heater, Baby High Chair, Odd Ch Antique Lamps, Guitar, 5-1884 Silver Dollars, 1-Old Antique Virginia 12G. 36 in. Barrell Ri Antique Pistol, Gold Illinois Railroad Pocket Watch, Clothes, 3-Old Radios, 5-Boxes of Bo Bottles, Steel Barrells, Truck Body, Cable and many many other items too numerous to mentio

COME EARLY AND BRING A FRIEND

TERMS: 10% DOWN DAY OF SALE. BALANCE DATE OF DELIVERY OF DEED. CASH PERSONAL PROPERTY.

RAIN OR SHINE, BE WITH US ON SALE DAY.

THIS IS A LARGE SALE, SO GET HERE EARLY!

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SPECIALS!

TUESDAY SPECIAL
CHICKEN DINNER $1.00
3-Pcs. Chicken, French Fries, Roll, Honey & Ketchup .....

WEDNESDAY SPECIAL
BILLY BURGER 99¢
¼-Pound Hamburger with Onions, Lettuce, Tomato, and a Special Sauce. French Fries and Regular Drink ....

THURSDAY SPECIAL
TWO HOT DOGS 89¢
French Fries and Regular Drink .....

FRIDAY SPECIAL
FISH & CHIPS 99¢
With Tarter Sauce and Ketchup.....

SUNDAY SPECIAL
BUCKET OF CHICKEN Reg. $5.89 $1.50 Off $4.39
14-Pcs. of Chicken, Pint of Cole Slaw and 5 Rolls .....

THE LUV'N OVEN

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ORTS

THOMPSON

n Ford anada 3

Ford scored five ht two innings and Dry scoreless for win 8-3 in a Class softball game in last week. It was a ay from the first me Lawson's a 8-5

dy and Arnold ed the attack for with three hits each. Earl Martin and ge each had two e the 13 hit attack. ble big RBI man of e drove in five two doubles and a

led 2-1 after one 3 after two innings dded two runs in fourth and sixth

n's Halts on "Y"

Ford exploded for the third inning to and went on to on "Y" 14-12 last Class "A" league e in Lynchburg. ound up the first with Lawson Ford d record, one game place.

scored two in the "Y" came back to 2. Two runs in the Lawson's a 4-2 and son's and four by in the third made it ver of Lawson's. got six runs in the ings and Lawson's win by two.

Clements and Pete ed the Lawson Ford e three hits each. Earl Martin and nes each had two Johny Cash and ch drove in four Clements drove in me had a two run fourth.

28 203 - 14 15 5
24 123 - 12 14 2

llywood

Mrs. L. H. Watson mily of Alexandria week end with Mr. parents, Mr. and Mrs. son, Sr.

sorry to hear of the day of Mrs. Sadie Cute. We extend mpathy to our loved

pating for the Rocks churches was Sunday at the Old Rocks. A ed attended. There ve baptized from church.

H. Elder bought a age to our people at Sunday morning.

Mrs. Julian Jenkins burg visited Mr. and W. Jenkins Saturday

Woodall of Lynchburg e week end with his Thomas Woodall.

en in the home of Mrs. anton Tuesday after- ere Mrs. Edna Smoot h. Dorothy Wilmer of Heights.

Lawson Ford Gets Third Place In Altavista Tournament

Lawson Ford won three games in a row last Saturday to be undefeated along with Rumleys of Martinsville and then lost two games Sunday to finish third in the tournament sponsored by the Altavista Y.M.C.A.

Lawson's beat First National Bank of Stewart 11-7 in their first game Saturday with a 15 hit attack. Johnny Cash had hit attack and Donnie Clements, Charles Jamerson, Buddy Wilcox and Billy Thompson each getting two hits each. Earl Martin hit a three run homer and Cash a solo shot to spark to power attack.

Charles Jamerson doubled in the fourth inning to drive in Donnie Clements with the winning run as Lawson's beat Hurt Minute Mart 4-3 in their second game. Cash and Clements each had two hits in that game. Big defensive plays paid off for Lawson's as they made the big play when it was needed. Alton Harris drove in two runs in that game to tie it a 3-3 before Jamerson got his hit.

In the third game Lawson's beat Altavista 11-6 as Ray Tweedy and Arnold Johanna each drove in three runs apiece. Tweedy also had three hits and Arnold Johannes, Doug Mitchell, Donnie Clements and Earl Martin each had two hits.

Rumleys beat Lawson's 7-4 Sunday to stay undefeated as they scored in every inning. Arnold Johannes had three hits and Donnie Clements three and each drove in two runs. Johannes hit two home runs and Clements a two run triple.

Hurt Minute Mart beat Rumleys 12-5 to eliminate Lawson's. Hurt finished second and Rumleys won the tournament without a lost.

Miss Odell and Joyce Webb spent a few days last week with Mr. and Mrs. Lawrence A. Woodson of Lynchburg. Mr. Woodson spent a few days last week in the hospital but is back at work now and up but we were happy to know he was at church Sunday morning.

Mr. and Mrs. Hal Webb of Richmond spent the week end with Mr. and Mrs. R. M. Webb and Mr. Walker Webb.

Mr. and Mrs. Monroe Webb and Mr. Walker Webb visited Mrs. Mamie Hancock and Mr. and Mrs. Alfred Jamerson of Pamplin last week.

We are so glad little William Watson is feeling better. He was right sick a few days last week.

We are so glad to hear Mrs. Kermit Paulette, Mr. David Smith and Mr. David Repass are all improving. We pray each may soon be well.

We were very sorry to hear of the illness of Mr. Berkley Ferguson. We pray he may soon be better.

Mr. and Mrs. Gus Torrence, Mrs. Emma Lemon and Mrs. Mary Bagby were notified last week of the critical illness of Mrs. Martha Vier Flemming of Hopkinsville, Ky. Mrs. Fleming was a niece of the late Charles Bagby Sr.

We are very sorry to hear Mrs. Arney Pickeral of Lynchburg continues ill. We pray she may soon be better.

Mrs. Mary Bagby received a call Saturday night that her sister-in-law, Mrs. F. O. Covington of Marietta, Ohio was doing fairly well after a recent operation. We pray she may soon be better.

Public Notice

APPLICATIONS FOR FOOD STAMPS

Arrangements have been made by the Appomattox County Department of Social Services to accept applications for Food Stamps on Tuesday through Thursday each week (except for legal holidays) from 9:00 a.m. to 11:00 a.m. and 1:00 p.m. to 4:00 p.m. The first date for receipt of applications is Tuesday, July 9.

Until further arrangements are completed, workers will accept application in the office in the rear of the J. E. Sears & Company building where the surplus commodities have been distributed previously.

All applicants must furnish proof of number in household, income, resources and work registration. Where possible, decisions of eligibility will be made within 30 days. With the anticipated work involved in initiating this program, appointments may be necessary.

Food coupons will go on sale Tuesday, August 6, at the drive-in branch of the Farmers National Bank in the Triangle Shopping Plaza. 7-4-1t

DIXIE YOUTH BASEBALL MAJOR LEAGUE WEEK ENDING 6-22-74

Team	Sponsor	W	L
Orioles	App. Hdw.	12	3
Yankees	App. G.	9	4
Oakville	A. Jay.	8	6
Giants	Lawson F.	5	9
Pamplin	Pamplin R.	5	10
Braves	T-Va.	4	11

HOME RUNS

Name	Team	No.
Phil P.	Pamplin	1
Bucky T.	Oakville	2
Marvin J.	Oakville	2
Kevin M.	Oakville	1
Larry K.	Giants	6
Ned D.	Braves	2
Terry W.	Braves	3
Byron R.	Orioles	3
Darrell S.	Orioles	3
Kenny B.	Orioles	2
Ernie C.	Orioles	3
Tim D.	Orioles	1
Danny S.	Yankees	3
Frankie T.	Yankees	5
Bob D.	Yankees	5
Tom A.	11	1
Craig P.	Yankees	1

The minor league season will be ending Friday night, June 28, 1974 and the All-Stars will be announced. The Minor League District All-Star Tournament will be played in Appomattox beginning July 10, 1974.

The major league season will end July 5, 1974 at which time the Major League All-Star Team will be selected. Come out and see some good baseball and you will be advised later with information concerning the sites of all star games.

Buying an air conditioner? Select a unit with a high energy/efficiency ratio which gives you more cooling for every unit of electricity. Emerson Quiet Kool says "Watt Watcher" units have energy/efficiency ratios as high as 10.0 and reduce power consumption as much as 50 per cent.

Mr. H. W. Jenkins visited his mother and sister Friday at the Liberty Nursing home. Mrs. Jenkins is still on the critical list. We pray she and his sister, Mrs. Abbitt may soon be better.

Farm Exports Benefit The Whole Economy

"The whole economy benefits from our farm trade," James R. Ford, Jr., Chairman of the Appomattox county Agricultural Stabilization and Conservation Committee said. "At the moment, it looks like our exports will run considerably ahead of last year's $17.7-billion - worth of farm exports." The Chairman explained some of the benefits that 1973's farm exports contributed to our economic well-being.

Exports earned farmers over a quarter of their net farm income in 1973. Net farm income totaled a record $26 billion, compared to $19.7 billion in 1972. Half of the increase was brought about by a rise in exports.

"Farm exports benefited more people than farmers last year," he continued. many beneficial effects were produced throughout the whole economy, and creating 1 million jobs is just one example."

Producing just the farm products we exported last year required roughly half-a-million farmworkers - one out of every eight in the farm labor force. Additionally, another half million jobs were opened up off the farm to assemble, process, and distribute the items shipped overseas.

Each dollar's worth of feed grains, wheat, rice, and oilseeds sold for export generated another 90 cents worth of business in the non-farm economy. Sectors that benefitted included transportation, storage, handling, and marketing. Thus, an $8 billion expansion in farm exports for 1973 earned another 7½ billion in the rest of the economy.

Farm exports helped stabilize the value of the dollar abroad. Last year's agricultural trade surplus of $9.3 billion wiped out a trade deficit of $7.6 billion in our non-farm trade. That left the Nation $1.7 billion to the good. the first trade surplus since 1970.

Last, but not least, farm exports and changes in farm programs helped cut government spending. The Nation spent $4 billion in farm program payments in fiscal 1973, $2½ billion in 1974, and in 1975 programs will decline to less than $½ billion. Exports have also greatly reduced the costs of storage and handling to the government. Commodity Credit Corporation storage and handling costs amounted to $32 million last year, down sharply from 1972's $112 million.

Some people believed that gold was begotten by the sun and that the heat of underground veins wholly burned everything they came into contact with, turning those substances into gold.

Selected Farm Family Of The Year

WASHINGTON-The Julian V. Fowler family of Alaska is the Farmers Home Administration (FmHA) National Farm Family of the Year for 1973, Secretary Agriculture Earl L. Butz announced recently.

"This family has shown ingenuity, integrity, and independence in developing an outstanding dairy operation in a land where mere existence is an accomplishment," and Secretary Butz, pointing out that the Fowler farm is 80 miles southeast of Fairbanks and within 150 miles of the Arctic Circle.

Mr. Fowler, his wife Roberta, and their five children were selected after a year-long competition conducted by FmHA, the rural credit service of the U. S. Department of Agriculture.

Beginning with hundreds of farm families from all across the country, competition was narrowed to state winners, then to five national contestants, and finally to the Fowler family of Alaska.

The other four national finalists were (in alphabetical order of states):

- The Hal Walls family of Rt. 2, Bragg City, M.

- The Filiberta Uliharri family of Tierra Amarilla, N.M.

- - The Seymour VanderVeen family of Rt. 1, Delanson, N.Y.

- The William J. Buss family of Rt. 1, Platteville, Wis.

"The purpose of Farmers Home Administration farm loans is to offer credit and technical assistance to family size farmers who cannot qualify for commercial loans," said Secretary Butz, "and the purpose of the Farm Family of the Year program is not to find the biggest or richest farmer, but to recognize and honor the family which has made the greatest progress with the resources available to it." He added that "Family life and the contribution of family members to community life are carefully considered in the juding."

One of the simplest ways to get more from your air conditioner according to Emerson Quiet Kool, is to wash your filter at least once a month. A dirty filter causes reduced air flow and can cause unit efficiency to drop as much as 6 per cent and increase your utility bills accordingly.

Ward's Mobile Homes

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Pre-4th of July Sale

Big 3 Bedroom

Total Electric

12 x 60

ONLY $5,495.00

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For This Big Sale

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29 South Wards Road Lynchburg, Virginia

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Located on Court Street in the Old Frozen Food Locker.

Variety of Frozen Foods and Dairy Products

Food Lockers For Rent

Bagged Ice,
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Candy, Hard Dip Ice Cream, Slush, Coffee, Pop Corn, Sandwiches, Sewing Needs, Health and Beauty Aids, Drinks and a complete line of Groceries.

OPEN 7 DAYS A WEEK
8 A· M· 'til 10 P· M·

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Farm Bureau Safemark Tires and Batteries.

Seed and Dekalb Seed Corn

Hardware and Farm Supplies

BIG ENOUGH TO SERVE YOU AND SMALL ENOUGH TO KNOW YOU!